

The Vermilion River Branch of APEGGA is pleased to offer :

Professional Development and Evening Presentation
Monday October 4th, 2004

This full-day professional development seminar includes two presentations aimed at improving communication and business skills for technical, professional and business people.

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- ✓ **MENTAL TOUGHNESS– Training for Success** (8:15am – 11:45am) – This course has one main objective: to teach you how to become your own success coach so you can get the results you want in your job and your life. Specifically, the course will teach you the practices of mental toughness so you can overcome fear, take action, and create confidence for yourself in the face of any challenge. It's become common knowledge that highly successful people are different in their thinking and behavior than other people. But what are the unseen, often unknown mental toughness practices of these individuals?
- ✓ **WRITE ON: Writing Skills for Business** (1:15pm – 4:45pm) – This practical writing skills workshop is designed to teach participants to communicate effectively by writing with clarity, simplicity, and vitality. On completion of the program, participants will be able to:
 - ✓ Recognize writing faults and understand how to correct them.
 - ✓ Organize content to achieve a document's purpose.
 - ✓ Use words and sentence structure as tools to abolish ambiguity and verbal sludge.
 - ✓ Recognize and correct common language skill errors.

Lisa Brown, BA, MA, is a management consultant who partners with clients to help them achieve new, superior results in performance within 30 days. A former editor, Lisa holds and MA in English from the University of Calgary where she has taught several undergraduate English courses. Lisa has also spent the last several years researching and teaching mental toughness secrets of champions to corporate and sports clients. Her customers have included the Olympic Women's Softball team, Alberta One-Call Corporation, TransCanada Pipelines and the University of Calgary CIAU Dinosaur Athletic Program.

- ✓ **FLARING AND VENTING – Alberta Energy and Utilities Board (EUB)** (Dinner at 6:15pm, Presentation at 7:15) - **Michael D. Brown, M.Eng., P.Eng.** from the EUB will present the latest updates and requirements for flaring and venting in the oil and gas industry. The Flaring and Venting Project Team is a multi-stakeholder team of the Clean Air Strategic Alliance, involving industry, NGO's and government. It has had a significant impact on the management of solution gas flaring and venting in Alberta. Recently, this team completed its latest report and recommendations. Many of these recommendations are being incorporated by the EUB into it's Guide 60 requirements for flaring and venting. These include:
 - further requirements for evaluating the feasibility of solution gas conservation
 - time limit guidelines for well testing

NOTE: These courses will contribute to your Continuing Professional Development hours for APEGGA and APEGS.

PROFESSIONAL DEVELOPMENT SCHEDULE

Monday October 4, 2004 Best Western Wayside Inn, Hwy 16 West, Lloydminster, AB	7:45 – 8:15am	<i>Registration</i>
	8:15 – 11:45am	“Mental Toughness”
	1:15 – 4:45pm	“Write On”

DINNER PRESENTATION SCHEDULE

Monday October 4, 2004 Best Western Wayside Inn, Hwy 16 West, Lloydminster, AB	5:30 – 6:15pm	<i>Registration & Cocktails</i>
	6:15 – 7:15pm	<i>Dinner (Buffet Style)</i>
	7:15pm	“Flaring and Venting - EUB”

REGISTRATION

Please indicate if APEGGA, APEGS, ASET/SASTT, Student or Other

Last Name	First Name	Company	Title
Address	City	Province	Postal Code
Telephone	Fax	E-mail	

PRICE SCHEDULE

Please indicate choice:	Early Registration (Up until, Sept. 27 th)	Late Registration (After Sept. 27 th)
1. Professional Development – Full Day <i>(includes dinner presentation)</i>	<input type="checkbox"/> \$ 100.00	<input type="checkbox"/> \$ 120.00
2. Professional Development – Morning Only <i>(includes dinner presentation)</i>	<input type="checkbox"/> \$ 70.00	<input type="checkbox"/> \$ 90.00
3. Professional Development – Afternoon Only <i>(includes dinner presentation)</i>	<input type="checkbox"/> \$ 70.00	<input type="checkbox"/> \$ 90.00
4. Dinner Presentation Only	<input type="checkbox"/> \$ 20.00	<input type="checkbox"/> \$ 25.00
5. Dinner Presentation Only – Student	<input type="checkbox"/> \$ 10.00	<input type="checkbox"/> \$ 15.00

Please note that payment can be made by cash or cheque only. (credit cards can not be accepted)
To register call, fax or e-mail one of the APEGGA branch executive members listed below:

Name:	Bessie Liang, E.I.T. Vice Chair	Sheldon Stark, P.Eng Chair	Patrick Samoil, P.Eng Member at Large
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